



Is your family in crisis due to a loved one's substance abuse?

There is hope... You are not alone

Currently there is a heroin and oxycontin crisis in our area.

Learn to Cope North Shore (LTC NS) is a peer to peer parent support group that shares your pain and concerns. Our mission is to provide a safe and confidential place to share. LTC NS will offer real world experience with families who are living with the drug addiction of their loved ones.

LTC NS is a new chapter of the successful program founded on the South Shore; formed by parents for parents, with the sole purpose of "being there" for each other. We can learn more about how we can help our families and ourselves.

**Where: Lynch Conference Room, NSMC
North Shore Children's Hospital**

When: every Thursday 7-9pm

Cost: free

Contact: Joanne Peterson, Founder of Learn to Cope
At www.learn2cope.org or 508-801-3247,
or Marguerite Roberts MS, NP in the Family Resource Center
at mroberts2@partners.org for more information on the group