

Meet Our Team.....



Sanjay Aurora, M.D., MPH
Neonatologist
Director of Newborn Medicine



Ihor Bilyk, M.D.
Neonatologist



Katheryn Nathe, M.D.
Neonatologist

Special Care Nursery

Drs. Aurora, Bilyk, and Nathe are board certified in pediatrics and neonatology. NSMC Salem Hospital's Special Care Nursery is a member of Partners Neonatology Group, a collaboration among the physicians and staff of the newborn intensive care units at Brigham and Women's hospital, MassGeneral Hospital for Children, Newton-Wellesley Hospital, and North Shore Medical Center.

Directions.....

The Special Care Nursery is located inside NSMC Salem hospital, which is centrally located for all communities north of Boston.

For more information on the services of our Special Care Nursery, please call us at **978-354-3314.**



at NSMC Salem Hospital

Welcome

The Special Care Nursery at North Shore Medical Center cares for babies who need medical monitoring and features specialized services that are not readily available in a conventional nursery. We care for babies who are born prematurely or at a low birth weight, who are twins or triplets, or who have medical problems at birth.

We are staffed 24 hours a day by board-certified neonatologists. Our neonatologists are affiliated with and hold degrees from Harvard, and practice in the Harvard-teaching hospitals, which include Massachusetts General Hospital and Brigham and Women's Hospital. Board-certified pediatricians and specially-trained neonatal nurses are also on staff. Rounding out the special care we provide are pediatric cardiologists (heart specialists), pediatric neurologists (nervous system specialists), pediatric surgeons, pediatric radiologists (X-ray), geneticists and nutritionists, pediatric physical therapists, occupational therapists and certified lactation consultants.



Special Care for Special Babies

In addition to our specially trained staff, we have two more key members of the team: you and your community-based physician who will care for your child for many years to come. Throughout your child's stay at our Special Care Nursery, you and your baby's doctor will be involved in every step of the care provided to your child. Our convenient location will make it easy for you to visit your baby as often as you wish. And when it is time for you to bring your baby home, we'll help you and your baby make a smooth transition to the care of a skilled and caring physician close to home.

Kangaroo Care

Kangaroo care is the practice of giving your baby skin-to-skin contact with you. It enables parents to enjoy natural closeness with their baby. It was developed in Bogota Columbia and has spread throughout the world, including the US.

Kangaroo care has been shown to help premature babies grow, get out of the isolette faster, and sleep more peacefully. It has also been shown to increase milk production in nursing mothers.

In the Special Care Nursery Kangaroo Care visits generally happen around feeding times. Parents generally sit in a recliner next to the baby's bed. Parents are advised to wear a loose fitting top while baby wears a hat and a diaper. A screen can be provided if needed, for privacy. Both father and mother can provide this care.

Specialty Care Close to Home

Should your child need advanced specialty care, local specialists including pediatric radiologists and ophthalmologists, and specialists from MassGeneral for Children regularly see our smallest patients at NSMC North Shore Children's Hospital.

High-Risk Infant Follow-Up Clinic

You and your baby are always part of our family. If your growing baby is found to be at higher risk for developmental issues, our pediatric nutrition experts, occupational therapists, neonatologists and psychologists will follow your baby from birth through the first three years at NSMC North Shore Children's Hospital.

In-Home Care

Our affiliated Partners Home Care provides pediatric home care services through qualified pediatric nurses. In addition, our pediatric physical and occupational therapists offer a range of developmental care steps for your child through our Early Intervention Program.