

# Why must I be assessed before surgery?

NSMC must assess patients prior to surgery in order to get an accurate profile of their health and evaluate any existing medical conditions that might impact surgery. It is also a chance to answer any questions patients and their families may have.



## PREPARE FOR YOUR PRE-SURGERY ASSESSMENT

This is what happens during an assessment:

- A nurse will further assess your overall health and provide more information about your surgery.
- An anesthesiologist and/or nurse will discuss your anesthetic plan.
- You will fill out a few forms about your health.
- We will record your weight and height.
- We may conduct any tests requested by your doctor.

Please bring your eyeglasses and/or hearing aids if you need them for filling out forms or having a conversation.

If you have not completed your medical history online, please bring:

- The names and doses of your current medications (or just bring the pill containers).
- A list of any allergies you have to medicines, food, latex, dust, pollen, or other sources.
- The name(s), address(es) and telephone number(s) of your physician(s), including any specialists.
- Insurance cards and/or complete insurance information.